



## GET READY FOR COUNTRY FAIR!

This year's Country Fair is taking place on Sunday, September 13, from 10:00 a.m. to 4:00 p.m.

As usual, the Hoe Down will be the night before the Fair: Saturday, September 12 from 6:00 p.m. onward. Tickets for the Hoe Down will go on sale near the end of August. We have redeveloped the Hoe Down into a more family-friendly event with a kids' ticket price as well as a kids' silent auction section. Other changes to the Hoe Down include a slightly lower ticket price, a dunk tank (pay back your instructor for all those no-stirrup lessons) and line dancing lessons. Watch for the Hoe Down poster in mid-August for more details.

As usual, committee coordinators are looking for volunteers, ponies for the pony rides, silent auction items (more details on the next page) and sponsors. If you would like more information on any of these committees, please go to the web site [www.southlandsriddingclub.com](http://www.southlandsriddingclub.com) for contact names, or just ask Pippa or Crissy.

We are now accepting items for the Thrift Sale and Book Sale. All items can be left in the Clubhouse.

Posters and flyers will be available mid to late August. If you have somewhere that you could put up some posters or hand out the brochures, please take some from the Clubhouse. **This is our main form of advertising, so the more people who can help out, the better!**

**Monday, August 3  
B.C. Day Holiday**

**SRC Office Closed  
Riding facilities open for business as usual!**

## WHAT'S GOING ON: August

**03**

### **BC Day Holiday**

Office closed, but the grounds will be open as usual

**07**

### **Dawn Ruthven Centered Riding Clinic**

Lecture August 7 in the Clubhouse; clinic August 8-9 in the Indoor Arena

**30**

### **2-3/4 Phase Event**

Dressage, Stadium and Cross-Country rounds

### **Coming Next Month ...**

#### **September 4-6**

British Columbia Dressage Championships and Summer Festival of Dressage

#### **September 13**

Southlands Country Fair



We'll also be putting up lawn signs this year. If you are able to have a lawn sign outside your home or business, please email Pippa with your address, and a lawn sign will magically appear outside your house near the end of August. If you'd rather put one up yourself, the signs will be available in the Clubhouse at the same time as the posters.

If you have any questions, or are interested in helping with this year's fair, please contact Pippa at [pippa@pippa.ca](mailto:pippa@pippa.ca) or Crissy at [cristina.barbata@gmail.com](mailto:cristina.barbata@gmail.com)

Thanks for your support, and see you on September 13!

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# CENTERED RIDING CLINIC

SRC's Rusty Stirrups Club has organized a clinic with Dawn Ruthven, a Level IV Centered Riding Instructor, taking place from August 7-9. Centered Riding, developed by the late Sally Swift, promotes suppleness, stability and clearer aids, making riding more comfortable for horse and rider.

Dawn Ruthven was born in Srinigar, India, and was riding before she could walk. Her family emigrated to Victoria, B.C., where opportunities for riding were always available, from boarding school – where it was part of the curriculum – to summers spent on a large ranch in the B.C. Interior. Serious showing on the flat and over fences came to an end when she moved to Toronto to obtain her diploma in Occupational Therapy. She feels that the anatomy, kinesiology and psychiatry studied there have been most valuable in her equestrian teaching and judging. After her return to B.C., Dawn became involved in dressage, attending all possible clinics, shows and lessons. As the years went by she started judging both English and Western classes including dressage, hack, equitation, jumper and hunter. She also obtained an AHSA Judges Card.

Dawn was involved with the development of the Canadian Coaching System, examining some of the early candidates. In 1986 she attended her first Centered Riding clinic with Sally Swift. Impressed with the system, she used the principles in her own riding and teaching. In 2000, Dawn was certified at the highest level of Centered Riding instructor.

Riding spots are full, but participants are welcome at the lecture that precedes the riding sessions on Friday, August 7 from 7-9 p.m. in the Clubhouse at a cost of \$10. Pre-registration is not required. For more information contact Anne Lampman at [Anne.Lampman@vch.ca](mailto:Anne.Lampman@vch.ca) or 604-732-7396, or Debbie Bailey at [dbailey5@shaw.ca](mailto:dbailey5@shaw.ca)

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## GROUNDS REPORT

As we enter into August with record high temperatures the regular grounds work is still underway, we just will be starting earlier. During the month of August we will be repairing the walls in the Indoor Arena. Emails and notices will be sent to the members as the Indoor will be closed for one week. The grass field is now completely open for our Club riders. We will be bringing out different cross country jumps onto the field throughout the month. At the end of the month we will be setting up for our second 2¾ Phase Event, followed by the B.C. Dressage Championships & Summer Festival of Dressage in early September.

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## COUNTRY FAIR'S SILENT AUCTION WANTS YOUR SUPPORT!

The Silent Auction is always a popular feature of the pre-fair Hoe Down party, and co-ordinator Cindy Riesling is hard at work rounding up donations of goods, services and “experiences” to put up for bid.

Wondering what the Silent Auction needs? We have donations of show stabling at Milner Downs, trailering services, gift certificates from businesses ranging from Provence restaurant to Fletcher's Drycleaning, gift baskets for your canine and equine friends, and home essentials like imported wine and floral arrangements. Entertainment and recreation are always popular options, so if you have a cabin, timeshare or tickets you'd like to donate, give Cindy a call! No donation is too small and all contributions are welcome and appreciated. Cindy can be contacted at 604-240-3737.



### Contact Us

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### Bulletin

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### Deadlines

Fall Horscope: October 31, 2009  
September Bulletin: August 21, 2009