

Southlands Riding Club's 2005 August Bulletin

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"A horse doesn't care how much you know until he knows how much you care."

-Pat Parelli



Country Fair News



IT'S COMING!!

Mark your calendars now for **SOUTHLANDS COUNTRY FAIR, Sunday September 25!!!**

We'll have all of our

usual events and features as well as some new fun surprises. We hope to have all club members participate in some way. Start thinking about how you might like to help out now as we will be starting our volunteer recruitment blitz soon. It's a fun and fabulous way to participate in a great community event which showcases our beautiful club. There will be jobs available for all ages. Start talking it up now with your families, friends, and coworkers.

RAFFLE tickets are available in the SRC office to buy and sell. Tickets are \$2.00 each and are available in books of 10. We have some awesome prizes this year...check them out on our website! We need to sell all of our tickets...prizes will be announced on Fair Day. Also, there will be a prize awarded to the person who sells the most tickets.

Special thanks to our *confirmed Fair Sponsors* as of June 21:

All West Insurance,
Tom and Theresa Gautreau,
The Gray family,
Brian McAlister and Lisa Zumpano,
Scotiabank,
Bruno Wall and Jane Macdonald.

Lots more sponsors will be announced as their cheques are received. Individuals or companies wishing to make a donation or provide sponsorship to Southlands Country Fair please contact Lori McDonald. Tax receipts will be provided.

Many more sponsors have provided items for our Silent Auction and our Raffle and we also thank them for their generous support!!

Also, a special thank you to club members and friends who have assisted in contacting and securing sponsorship donations. Special thanks to Cheryl Dewson, Tom Gautreau, Lisa Zumpano and to Donna McGowin who secured our two Raffle prize trips. Thank you to everyone else so far who has provided sponsorship contacts! Keep up the good work.

Save those horseshoes!! We are still collecting them in the clubhouse (in the white bucket by the office)!

Coordinators needed!! I am looking for someone who would be able to work with me on our **Parking** plan for the day. This job requires someone who could sit down work with me on the plan and make a few follow up phone calls. It will also require overseeing and coordinating the parking volunteers on the day of the Fair.

Also, is anyone interested in helping to coordinate the **Opening Ceremonies** of the Fair? This job would involve working with myself and the Horse Entertainment Coordinators to set up a brief opening ceremonies program on the day of the Fair.

Please contact Lori McDonald at 266 1246 for any of these EXCITING positions.

Finally, thank you to the members of my Country Fair Committee who are working hard behind the scenes to make this the best year ever! The next committee meeting is scheduled for Thursday, July 21, from 7-9 pm.

Lori McDonald
Country Fair Coordinator

Centered Riding Clinic

Many of us have Sally Swift's very helpful book, *Centered Riding*, on our equestrian bookshelf. Now we have an opportunity at SRC to learn and put into practice those very same techniques while riding our horses. Dawn Ruthven, who began training with Sally Swift in 1985 and has achieved her level IV Instructor's Certification at The Centered Riding Clinic, will give a lecture and two day centered riding clinic at SRC on September 17-18. She prefers to teach in semi-private or small

group lessons because then the students can take a break and mentally process the instructions before taking up the reins again. Private lessons can be available if anyone is more comfortable working alone. Centered riding techniques benefit riders from all disciplines. At last SRC has a clinic in which hunter/jumper, western, dressage and pleasure riders in any kind of saddle can participate together!

Cost:

45 minute private lesson: \$100.00
60 min. semi-private lesson: \$80.00/person
60 minute group of 3 riders: \$60.00/person
75 minute group of 4 riders: \$50.00/person

Lecture and demonstration in the Clubhouse on Friday September 16th, 2005

Cost: \$15.00 per person

Everyone is welcome to sign up for the talk.

Registration: SRC Office

604-263-4817

southlands@shaw.ca

A little more on Centered Riding

Centered Riding is simply a new way of expressing the classical principles of riding. It answers the question of "how", when the riding instructor tells you "what" to do to communicate with your horse. It applies equally to all english and western riding disciplines.

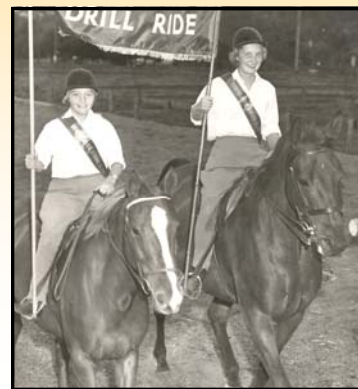
How does it work?

Many people are caught in the trap of unconscious habitual habit. Their bodies know only the old habitual way of movement. Centered Riding, with simplicity and logic, allows you to discover an inner balance, serenity and control that in turn gives you greater freedom of movement, suppleness and coordination. These new qualities are reflected in your horse as increased balance, poise and forward motion. You and your horse become as one, in harmony.



Mystery Member....not revealed!!!

No one has been able to successfully name who the two lovely ladies from last month's mystery member column are. On the left is Fran McAvity, and on the right is Mary Jean Otway-Ruthven. So...the stud muffins await a correct answer; maybe this month's submission will spur some correct answers. Who do you think this little girl aboard this pinto is? If you think you know, please submit your answer to Ingrid Carter by e-mail at southlands@shaw.ca or fax: 604-263-1281. Good Luck!



Indoor Showers

With summer finally here (it sure felt questionable in it's approach!) our footing indicates that the warm weather is here to stay. Our indoor arena as well as our covered arena have been watered daily at 4:00am. We are now finding that whatever amount of water is dispensed, it will evaporate by midday. To help ease any dusty rides, and loose footing, it has been decided to add a second watering in the daytime.

The Covered Arena will be watered at 12:00 noon until 12:30 and the Indoor

Arena will be watered from 12:30pm until 1:00pm. We will create signage and post it at the entrance to each ring should anyone forget this memo while riding. Of course, this will be monitored to ensure that we find the right balance of moisture in our footing. With our Summer Classic that just passed, it was nice to have the affirmation from our judge Gary Striker that "the footing you have in your new arena is fabulous".



Jay O' Jay Clinic August 20th & 21st, 2005

What: Jay O' Jay Clinic
When: 20 & 21 August 2005
Where: SRC Round Pen
How: \$230 per participant: one horse and one human per entry - 45 min private or 90 min semi-private per day
Entry will not be reserved until payment in full has been received
Absolutely no refunds for no-shows under any circumstances - substitutions permitted - up to participants to get payment from substitutes

Spectators: SRC members \$10/day; nonmembers \$15/day (no extra charge for clinic participants to watch other participants) Spectators should bring their own chair, but a couple of shade/shelter tents will be provided.
Entries to Gina Louise 604-267-0487 drlouise@drlouise.org
Why: Because by understanding how horses behave, think and react, you can achieve maximum success in connecting with your horse.



The Junior and Intermediate Committee presents
The 2nd Annual Summer Banquet
August 13th, 2005
Dinner and Dancing Semi formal dress if desired
Doors open at 6:30 (close at 7:30)
Dinner at 7:30
Tickets are available at the SRC office
or from Megan Thompson
604-266-7511 or by e-mail: megs110@hotmail.com
Tickets are \$12.00 ahead of time, or \$15.00 at the door

SRC to Host Summer Camps Aug 15th to 19th

Introductory Morning Camp — for non and new SRC members

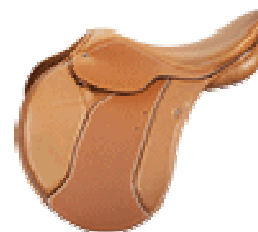
- 2-3 riders
- 1 1/2 hrs riding including escort to and from SRC
- 1/2 hr un-tack
- 1 hr stable-management



Specifically tailored riding and stable-management topics

Riding topics MAY include: (riders will be given choice at time of sign-up)

- road safety
- gates-entrance and ring
- track and ring etiquette
- how to deal with self and others falling off and loose horses
- spooky rides i.e. tractors, flags



Intermediate Evening camp - For existing SRC members:

- 2-3 riders
- 1 1/2 hrs riding including individual work on lunge if needed
- 1/2 hr untack
- 1 hr stable-management

Riding topics MAY include: (riders will be given choice at time of sign-up)

- proper warm up and cool down
- Transitions
- Lateral movements I.e. leg yields, turn on forehand/ haunches, shoulder in etc.)
- Work without stirrups
- Riding a dressage test
- figures i.e. circles, fig. 8, serpentine, diagonals
- lengthening and shorten strides
- pole work
- leads and diagonals, feeling, changing



Classes will be tailored to requests, number of students, etc.

For more information, please contact our new "Summer Instructor", Susan Ritchie
604-267-7723, or by e-mail at: susan_ritchie@hotmail.com