



# BETSY STEINER at SRC

SRC is proud to welcome international trainer Betsy Steiner for a dressage clinic on October 24-26.

American World Championship team member Betsy Steiner began riding at the age of 13. Although three-day eventing first drew Betsy into the competitive arena, it was a year at Christilot Boylen's barn that cemented her devotion to dressage.

An unquenchable desire to immerse herself in dressage led Betsy to spend more than two years in Germany with Egon von Neindorff. It was the endless lunge lessons there that Betsy credits with developing her seat. In the years since her first Grand Prix at the age of 20, Betsy has enjoyed working with such luminaries as Uwe Steiner, Herbert Rehbein, Robert Dover, Kathy Connelly, Guenter Seidel and Klaus Balkenhol.

During Betsy's career, she has successfully trained many horses to Grand Prix including Attache, Special Delivery, Ortac, Komtur, Unanimous, Metternich and Hilltop's Giotto. With grand prix wins at prestigious shows around the country, Betsy has enjoyed success at the highest levels for more than three decades. A USDF Bronze, Silver and Gold medalist, Betsy has numerous FEI wins.

One highlight of Betsy's illustrious career was when she represented the United States at the World Equestrian Games in Stockholm, Sweden in 1990 aboard her own Dutch Warmblood, Unanimous.

She has authored numerous educational articles for top equestrian periodicals including Practical Horseman and Dressage Today. Her book *A GYMNASTIC TRAINING SYSTEM USING THE MIND, BODY, SPIRIT APPROACH* has sold over 16,000 copies in the U.S. and U.K. and is currently being translated into German.

Betsy's endless desire to improve her own riding as well as her students' through cross-training has led her to the development of EQUILATES™ — a sport-specific Pilates-based exercise and body awareness program for the equestrian.

Cost for SRC members for the clinic is \$300 per session, or \$20 per day to audit. Preregistration and payment is required for riding spots, and preferred for auditors, so that we can plan for seating. Full details and registration forms are available on the website [www.southlandsridingclub.com](http://www.southlandsridingclub.com) or at the Clubhouse.



## WHAT'S GOING ON: October

- 13 Thanksgiving Holiday**  
SRC Office is closed; grounds are open as per usual.
- 19 Halloween Playday**  
The scary costumes take over the Indoor early this year! See page 4
- 24 Betsy Steiner Dressage Clinic**  
Indoor will be closed for clinic October 24-26 (Friday to Sunday) approximately 8:30 a.m. to 5:00 p.m.

### Coming Next Month ...

- November 2 – Dressage Percent Day
- November 8-9 Claudia Cojocar H/J Clinic
- November 22-23 – John Turner H/J Clinic



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## MEMBERSHIP NEWS

Membership renewal applications were mailed out at the end of September. There are a few changes to note:

SRC members are now required to be members of Horse Council BC, which provides for individual liability insurance in addition to other benefits.

The new photo ID system will be implemented for the new membership year. Please be sure to obtain your ID from the Office, as this will need to be carried when riding at the Club.

There will be a small increase in dues of 5% for all membership categories. This will allow the Club to continue to implement the projects identified in the five year plan and to keep up with rising operating costs. We will continue to set aside 5% of all membership revenue to replenish the reserve fund.

Dues may be paid by Visa, cash or cheque. In addition to payment in full, members have two other options for payment of annual memberships:

1. Four consecutive equal monthly payments with the last payment due February 1, 2009. An administration fee of \$30 is payable on November 1, 2008. Leasing memberships may use this payment option only.
2. Eight consecutive equal monthly payments with the last payment due on June 1, 2009. An administration fee of \$50 is payable on November 1, 2008.

Allowing for an initial week's "grace period", late membership renewals received after November 7 will be assessed a surcharge of \$25. Paying dues after December 1 will result in a surcharge of \$50, paying after January 1 will result in a surcharge of \$100, and in order to renew membership after February 1 members will have to pay the full re-initiation fee. New members may of course join at any time throughout the year; this policy applies to renewals only.

## Working with the Wet Weather

As we move into Fall, the Indoor and Covered arenas are already starting to experience more traffic. Here's what members can expect to encounter in the rings (besides lots of horses).

From October 1 to March 31, lessons may be scheduled as follows:

### Covered Arena

Two jumping lessons are allowed at the same time. These can be two private jumping lessons, or one private and one group (maximum of three) jumping lesson.

Two flat lessons are allowed at the same time. This can be two private lessons, or one private and one group (maximum of three) lesson.

On weekdays before 3:00 p.m, three private flat lessons are allowed at any one time.

### Indoor arena

One jumping lesson at a time (private or group of max. three riders)

Two flat lessons at a time. This can be two private lessons, or one private and one group (maximum of three) lesson.

### Big Ring

Two jumping lessons are allowed at any one time.

### Special Event Weekends (for roofed ring spaces)

When there is an event scheduled for the Covered or Indoor Arena, the regular lesson schedule for the other roofed ring will remain in place on the Saturday. On the Sunday, three fences will be set up in the other roofed ring, and only one private lesson can be scheduled in that ring at any one time.

### Jump setting

Courses will be changed in the Outdoor jumping rings every second week. Courses will be set in the Covered Arena on Monday morning, and remain in place until Thursday morning. Courses will be set in the Indoor Arena on Thursday morning, and remain in place until Monday morning.

## WELCOME TO NEW SRC MEMBERS!

SRC welcomes the following new and re-joining members:

Zoe Zanidas, Rosamar Garcia and Christine Elliott  
– Senior

Laura Hoeberg – Student

Anna, Holly, Charlotte, Stewart and Ian Forbes –  
Family

Maja Lampa – Junior

## RING REFRESHER

Riding in the more crowded conditions that you'll soon be experiencing requires tolerance, some common sense, and following these "rules of the road"

1. Pass left shoulder to left shoulder.
2. Lateral work follows the "left shoulder to left shoulder" rule – it does not have right of way.
3. The "rail" or wall position is reserved for trotting or cantering. Horses walking or halted must allow room for two horses to pass on the rail.
4. When overtaking another horse moving in the same direction, pass on the inside track toward the center of the arena (unless that horse is working on a circle, or walking on the inside track)
5. Horses working on a circle stay to the inside of horses travelling on the rail.
6. Horses working on the diagonal, centerline or quarterline do not have right of way.
7. When in doubt, call it! If you are passing another horse and remaining on the inside track (e.g. starting a circle) call "INSIDE". To let another rider know that you are staying to the outside, call "RAIL".
8. Riders jumping must ensure that the jumping line is free before using the fence, and must call "fence" or "heads up" or otherwise indicate their intention to jump a fence.

Thanks – and ride safely!

## GROUNDS REPORT

Now that the competition season is finished we are well under way in planning for our clinic season.

We are starting to prepare for winter on the grounds and emails will be sent out to the members advising them of activities at the club. Heather has gone to sunny Thailand for the month of October so David is on his own this month.

The new arena is nearing completion. If all goes according to plan (and the weather cooperates) we should be riding in it by the middle to end of October. The half wall on the east side of the covered arena will be put up sometime in October and the office will keep members posted as to construction time. We are still receiving quotes for a covered lunge ring and will have further information in November.

Notices will go up at the gates and on the edge of the field when we can no longer ride on it till next year. This is totally dependent on weather conditions.

**✘ Elections are in the news this month! Although our SRC Board of Directors will not be elected until the AGM in January, it's not too early to think about putting your (or another member's) name forward for the next term. Volunteering for the Board is a great way to get to know your fellow members and the time you donate is for "your" club.**



### Contact Us

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[www.southlandsridingclub.com](http://www.southlandsridingclub.com)

### Bulletin

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### Deadlines

Fall Horscope: October 31, 2008  
November Bulletin: October 21, 2008

# HALLOWEEN PLAYDAY

## SOUTHLANDS RIDING CLUB

### Sunday, October 19

Entry Booth Opens at 9:00 a.m. ■ Show Starts at 9:30 a.m.  
\$7 per Class ■ Ribbons to 6th Place ■ Treats for Everyone!

Costumes Optional throughout the day!



**Costumes Welcome in all classes!**

#### FLAT CLASSES

1. COSTUME CLASS
2. LEAD LINE
3. WALK/TROT (assisted)
4. WALK/TROT (unassisted)
5. EQUITATION - 10 AND UNDER (walk/trot/canter)
6. EQUITATION - 11 TO 15 (walk/trot/canter)
7. EQUITATION - 16 TO 19 (walk/trot/canter)
8. EQUITATION - OVER 19 (walk/trot/canter optional)
9. MAIDEN EQUITATION - ALL AGES  
(never to have won 1<sup>st</sup> place in an equitation class)
10. PONY PLEASURE (English or Western)
11. HUNTER U/S (Pony)
12. ROAD HACK (Pony)
13. HORSE PLEASURE (English or Western)
14. HUNTER U/S (Horse)
15. ROAD HACK (Horse)
16. PAIRS (walk/trot/canter optional)  
(to be judged on suitability as a pair and as a hack class)



#### LUNCH BREAK



#### CLEAR ROUND JUMPING

Starts at 1:00 p.m. ■ Halloween Hunter Course ■ \$5.00 per round

You may ride each course more than once but not back to back

Poles only ■ Cross Poles ■ 2'0" ■ 2'3" ■ 2'6" ■ up to 3' by request

**Everyone Welcome!**